



**THIS ISN'T
JUST
GYMNASTICS
THIS IS
BUILDING
CONFIDENCE**

The Y.™ For a better us.



GYMNASTICS SMITH MOUNTAIN LAKE YMCA

Our gymnastics program incorporates tumbling, gymnastics and acrobatic maneuvers. Students will learn basic skills and equipment including the balance beam, springboard, and horizontal bar.

WINTER SESSION

\$90 for Members, \$110 for non-members. Register at the Front Desk.

SCHEDULE

Thursdays, March 26th—May 21st

- Ages 5-10 yrs: 5:30-6:15

Smith Mountain Lake YMCA
293 Firstwatch Dr.
Moneta, VA 24121
(540) 721-9622
www.franklincountyyymca.org

