



STRONG SWIMMERS CONFIDENT KIDS

The Y.™ For a better us.



Bringing High Standard Water Safety To The Franklin County Family YMCA

Everyone should learn how to swim, especially children. Located between two lakes, several rivers & countless pools it is imperative that our children know how to swim. Here at the YMCA they will focus on:

- Water Safety
- Becoming strong confident swimmers
- Gaining skills that will give them the best survival chance in the water.

LESSONS MON-THU

SESSION 13: June 21-July 1

SESSION 14: July 6-July 15

SESSION 15: July 19-July 29

SESSION 16: August 2-August 12

SESSION 17: August 16- August 26

Members-\$60 Non-Members-\$85

Rocky Mount YMCA

235 Technology Dr., Rocky Mount, VA 24151

(540)489-9622

SCHEDULE

AM Classes-School Age and Preschool
(Level 1, 2 and 3)

9:00-9:30

9:45-10:15

10:30-11:00

PM Classes-School Age and Preschool
(Level 1, 2 and 3)

4:00-4:30

4:45-5:15

Parent/Tot

5:30-6:00