



# STRONG SWIMMERS CONFIDENT KIDS

The Y.™ For a better us.



## Bringing High Standard Water Safety To The Franklin County Family YMCA

Everyone should learn how to swim, especially children. Located between two lakes, several rivers & countless pools it is imperative that our children know how to swim. Here at the YMCA they will focus on:

- Water Safety
- Becoming strong confident swimmers
- Gaining skills that will give them the best survival chance in the water.

### LESSONS TUESDAY & THURSDAY NIGHTS

**SESSION 1:** Jan 4—Jan 27

**SESSION 2:** Feb 1—Feb 24

**SESSION 3:** Mar 1—Mar 24

\*LIMIT 4 STUDENTS PER CLASS

**Members-\$60 Non-Members-\$85**

Rocky Mount YMCA  
235 Technology Dr., Rocky Mount, VA 24151  
(540)489-9622

## TIME SLOTS

Ages 3-10

(Level 1 and 2)

4:00—4:30PM

4:45—5:15PM

5:30—6:00PM