



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

TURKEY BURN WORKOUT



NOV. 27, 2020 | 9:30 AM

TWO CLASSES AVAILABLE:

Cardio Cycle 9:30 AM—11:00 AM
Zumba 9:30 AM—10:30 AM

Bikes can be reserved starting
Wednesday, November 25th!

FREE FOR MEMBERS
\$5 FOR NON-MEMBERS

Smith Mountain Lake YMCA
293 Firstwatch Dr.
Moneta, VA 24121
(540)721-9622
www.franklincountyyymca.org

