



KID FIT

Structured class for kids while you workout!



Program Information

Ages: 5 to 12 years old

Schedule: Tues & Thurs 5 PM—7:30 PM
Wed 9:00 AM—12:00 PM

Classes limit: 10 participants.

Reservations are required and limited to one hour.

FREE FOR MEMBERS!

Get out of the house with outdoor and socially distanced healthy, fun activities for kids. This structured class will including sports, trail hikes, scavenger hunts and more!

SMITH MOUNTAIN LAKE YMCA
293 Firstwatch Dr., Moneta, VA 24121
(540)721-9622
www.franklincountymca.org

For a better us.