



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

FRANKLIN COUNTY FAMILY YMCA

SUMMER LACROSSE CAMP

Ages: 8-13

Dates: June 24-August 5 (no session the week of the
19th-25th due to vacation)

Day: Thursdays

Time: 5:00PM-6:00PM (Beginners)
6:00PM-7:00PM (Advanced)

Price: Member-\$60
Non-Member-\$70

Beginner skills being taught would include stick skills throwing, catching, defense strategies, game fundamentals such as positions, rules, beginner conditioning.

Advanced skills being taught would include all beginner skills with a higher intensity and faster pace.

Rocky Mount YMCA
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Rocky Mount, VA 24151
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www.franklincountyyymca.org

