



KID FIT

Structured
one hour
class



Program Information

Ages: 5 to 12 years old

Schedule: Mon & Wed from 5 PM—6:30 PM

Classes limit: 10 participants.

Reservations are required and limited to one hour.

****This is a perk trial for members and new members. Prices may vary in the future.****

FREE FOR MEMBERS!
NORMALLY A
\$60 PROGRAM

Get out of the house with outdoor and socially distanced healthy, fun activities for kids. This structured one hour class will including sports, trail hikes, scavenger hunts and more!

FRANKLIN COUNTY FAMILY YMCA
235 Technology Dr., Rocky Mount, VA 24151
(540)489-9622
www.franklincountymca.org

For a better us.