

Gymnasium Schedule



Walking track available most times

Monday:	8:00am - 8:30am	Open
	8:30am—9:30am	Cycle
	9:30am - 10:30am	Zumba
	10:45am - 1:00pm	Intermediate Pickleball
	1:15pm - 3:00pm	Advanced/Intermediate Pickleball
	3:00pm - 6:00pm	Open Family Basketball/Pickleball
	6:00pm - 7:00pm	Zumba
Tuesday:	9:00am - 10:00am	Cycle
	10:10am - 11:30am	Social/Beginner Pickleball
	11:45pm - 3:00pm	Advanced Pickleball
	3:00pm - 5:20pm	Open Family Basketball/Pickleball
	5:30pm - 6:30pm	Cycle
Wednesday:	8:00am - 9:00am	Open
	9:15am - 10:15am	Cycle & Arms
	10:30am - 11:30am	Zumba
	11:45am - 2:30pm	Social/Beginner Pickleball
	2:30pm - 4:30pm	Advanced/Intermediate Pickleball
	4:30pm - 6:00pm	Open Family Basketball/Pickleball
	6:00pm - 7:00pm	Zumba
Thursday:	8:00am - 9:00am	Cycle
	9:15am - 12:15pm	Intermediate Pickleball
	12:30pm - 3:30pm	Advanced Pickleball
	3:30pm - 6:30pm	Open Family Basketball/Pickleball
	6:30pm - 7:30pm	Zumba Strong
	Friday:	9:30am - 10:30am
10:30am - 12:30pm		Advanced Pickleball
12:45pm - 3:00pm		Intermediate Pickleball
3:00pm - 5:00pm		Open Family Basketball/Pickleball
Saturday:	8:00am - 9:00am	Cycle
	9:10am—10:10am	Zumba
	10:15am—12:15pm	Advanced/Intermediate Pickleball
	12:15pm - 2:00pm	Open Family Basketball/Pickleball
Sunday:	12:00pm—2:00pm	Open Family Basketball/Pickleball
	2:00pm—4:00pm	Full Court Basketball All level play

**This is a Covid Phase 3 evolving schedule for the gymnasium.
Thank you for your understanding and flexibility.
Please see back for details.**

During Covid the gym is being utilized from open to close. We understand this will make it tricky at times.

The YMCA is here for everyone, so please share :)

Thank you! We are thrilled to be here with you!

- **Times may vary due to social distancing, weather, special events and class schedule. Please check Front Desk for schedule.**
- **Schedule is subject to change on the authority of the Staff.**
- **See the Front Desk with any questions about utilizing the courts.**
- **If the courts are full, please ask staff about alternatives.**
- **If the courts are not full please share with others on the courts.**
- **Open Family Basketball/Pickleball:** If any basketball players are on the court there may only be 1 PB net set up.
- **Full court basketball**—must accommodate all levels of play
- **Beginner/Social Pickleball:** If you would like to learn the basics of PB please let the front desk know in advance so we can assist you.
- **Advanced/Intermediate PB:** Please see the USAPA Skill Ratings hanging on the hall bulletin board.

COVID PHASE 3

Class size is limited to 10 total. Call 540.721.YMCA the day prior to reserve your spot in class.

Social distancing VA State guidelines must be observed. Additional guidelines can be found on the hall bulletin board. Please read them.

Basketball: Solo shooting or family (covid family counts) time only. Allowed when court time is scheduled or available. Additional basketball goal available on lower lot (can also be moved inside to tennis courts).

Finished playing? Please feel free to continue to socialize OUTSIDE. We appreciate your assistance in helping us follow the Virginia Department of Health rules.