



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

LEARN TO ROLL WITH IT

Ferrum YMCA

INSTRUCTOR: KATHERINE BLUNDELL

Develop confidence and ability in essential tumbling skills, including: Splits, forward rolls, backwards rolls, back bends, walk-over, cartwheel, round off, standing back handspring.

Days and Times

- June 6—July 26
- \$70 for members, \$85 for non-members.
- Ages: 5-11
- Register at the Front Desk. Maximum of 8 participants per level.

Intermediate-Advanced Level: Wednesdays 6:30p-7:30p

Beginner Level: Thursdays 5:30p-6:30p

