



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

LEARN TO ROLL WITH IT



Intermediate and Advanced Tumbling ROCKY MOUNT Y

Develop confidence and ability in essential tumbling skills, including:

- Cartwheels
- Back and front walkovers
- Running and standing back handsprings
- Our instructor, Haley Draper is a skilled tumbler and instructor, and was FCHS Miss Cheerleader 2017.

Days and Times

- Program runs from 4/4-5/29/18 on Wednesdays
- Ages 5-10: 4:20-5:05 in Studio 2
- Ages 11-16: 3:30-4:15 in Studio 2

Get Started

- Register at the Rocky Mount Front Desk
- \$70 for members, \$85 for non-members
- Max of 15 participants per session