



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

LEARN TO ROLL WITH IT

Intermediate and Advanced Tumbling
SMITH MOUNTAIN LAKE YMCA



Develop confidence and ability in essential tumbling skills, including: cartwheels, back and front walkovers, running and standing back handsprings.

Days and Times

- September 6th - November 8th on Thursdays
- \$70 for members, \$85 for non-members.
- Register at the Front Desk.

- Ages 4-10: 5:00pm-5:45pm in Studio A

