

Smith Mountain Lake YMCA Gymnasium Schedule July 2017

This schedule is subject to change at any point by the YMCA.
Other non-scheduled time frames are to be shared by all members.

JULY 2017

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	Pickleball (B) - Beginner Pickleball (I) - Intermediate Pickleball (A) - Advanced Changes					1
2 Pickleball (A) 12pm—2pm Open Gym 2pm—5pm	3 Open Gym 6am—9am Cardio Dance 9am—10:30pm Pickleball (I) 10:30am—12:30pm Open Gym 12:30pm—1:00pm Pickleball (I) 1pm—3:00pm Open Gym 3pm—8pm	4 Open Gym 6am—2pm Pickleball (A) 3pm—6pm Open Gym 6pm—8pm	5 Open Gym 6am—9am Cardio Dance 9am—10:30am Pickleball (I) 10:30am—12:30pm Open Gym 12:30pm—1:00pm Pickleball (I) 1pm—3:00pm Pickleball (B) 3pm—6pm Open Gym 6pm—8pm	6 Open Gym 6am—9am Kid's Yoga 9am—9:45am Half Court Bball 10am—12:30pm Open Gym 12:30pm—3pm Pickleball (A) 3pm—6pm Open Gym 6pm—8pm	7 Open Gym 6am—9am Cardio Dance 9am—10:30am Pickleball (I) 10:30am—12:30pm Open Gym 12:30pm—1:00pm Pickleball (I) 1pm—3:00pm Open gym 3pm—7pm	8 Open Gym 8am—4pm
9 Pickleball (A) 12pm—2pm Open Gym 2pm—5pm	10 Open Gym 6am—9am Cardio Dance 9am—10:30pm Pickleball (I) 10:30am—12:30pm Open Gym 12:30pm—1:00pm Pickleball (I) 1pm—3:00pm Open Gym 3pm—8pm	11 Open Gym 6am—3pm Pickleball (A) 3pm—6pm Open Gym 6pm—8pm	12 Open Gym 6am—9am Cardio Dance 9am—10:30am Pickleball (I) 10:30am—12:30pm Open Gym 12:30pm—1:00pm Pickleball (I) 1pm—3:00pm Pickleball (B) 3pm—6pm Open Gym 6pm—8pm	13 Open Gym 6am—9am Kid's Yoga 9am—9:45am Half Court Bball 10am—12:30pm Open Gym 12:30pm—3pm Pickleball (A) 3pm—6pm Open Gym 6pm—8pm	14 Open Gym 6am—9am Cardio Dance 9am—10:30am Pickleball (I) 10:30am—12:30pm Open Gym 12:30pm—1:00pm Pickleball (I) 1pm—3:00pm Open gym 3pm—7pm	15 Open Gym 8am—4pm
16 Pickleball (A) 12pm—2pm Open Gym 2pm—5pm	17 Open Gym 6am—8am Bball Clinic 8am—11am Pickleball (I) 11am—1pm Pickleball (I) 1pm—3:00pm Bball Clinic 3pm—6pm Open Gym 6pm—8pm	18 Open Gym 6am—8am Bball Clinic 8am—3pm Pickleball 3pm—6pm Open Gym 6pm—8pm	19 Open Gym 6am—8am Bball Clinic 8am—11am Pickleball (I) 11am—1pm Pickleball (I) 1pm—3:00pm Bball Clinic 3pm—6pm Open Gym 6pm—8pm	20 Open Gym 6am—8am Bball clinic 8am—11am Half court Bball 11am—12pm Bball clinic 12pm—3pm Pickleball (A) 3pm—6pm Open Gym 6pm—8pm	21 Open Gym 6am—8am Bball Clinic 8am—11am Pickleball (I) 11am—1pm Pickleball (I) 1pm—3:00pm Bball clinic 3pm—6pm Open gym 6pm—8pm	22 Open Gym 8am—4pm
23 Pickleball (A) 12pm—2pm Open Gym 2pm—5pm	24 Open Gym 6am—9am Cardio Dance 9am—10:30pm Pickleball (I) 10:30am—12:30pm Open Gym 12:30pm—1:00pm Pickleball (I) 1pm—3:00pm Open Gym 3pm—8pm	25 Open Gym 6am—3pm Pickleball (A) 3pm—6pm Open Gym 6pm—8pm	26 Open Gym 6am—9am Cardio Dance 9am—10:30am Pickleball (I) 10:30am—12:30pm Open Gym 12:30pm—1:00pm Pickleball (I) 1pm—3:00pm Pickleball (B) 3pm—6pm Open Gym 6pm—8pm	27 Open Gym 6am—9am Kid's Yoga 9am—9:45am Half Court Bball 10am—12:30pm Open Gym 12:30pm—3pm Pickleball (A) 3pm—6pm Open Gym 6pm—8pm	28 Open Gym 6am—9am Cardio Dance 9am—10:30am Pickleball (I) 10:30am—12:30pm Open Gym 12:30pm—1:00pm Pickleball (I) 1pm—3:00pm Open gym 3pm—7pm	29 Open Gym 8am—4pm
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