

Smith Mountain Lake YMCA Gymnasium Schedule December 2017

This schedule is subject to change at any point by the YMCA.
Other non-scheduled time frames are to be shared by all members.

December 2017

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
31 <div style="border: 1px solid black; padding: 5px; margin: 5px auto; width: fit-content;"> Pickleball (B) - Beginner Pickleball (I) - Intermediate Pickleball (A) - Advanced Changes </div>					1 Open Gym 6am—9am Cardio Dance 9am—10:30am Pickleball (I) 10:30am—12:30pm Open Gym 12:30pm—1:00pm Pickelball (I) 1pm—3:00pm Basketball Game 5pm—9pm	2 Open Gym 8am—4pm
3 Pickleball (A) 12pm—2pm Open Gym 2pm—5pm	4 Open Gym 6am—9am Cardio Dance 9am—10:30pm Pickleball (I) 10:30am—12:30pm Open Gym 12:30pm—1:00pm Pickelball (I) 1pm—3:00pm Soccer 6-7:30pm	5 Open Gym 6am—2pm Pickleball (A) 2pm—5pm Basketball Game 5pm—9pm	6 Open Gym 6am—9am Cardio Dance 9am—10:30am Pickleball (I) 10:30am—12:30pm Open Gym 12:30pm—1:00pm Pickelball (I) 1pm—3:00pm Pickleball (B) 3pm—6pm Open Gym 6pm—8pm	7 Open Gym 6am—9am Half Court BBall 10am—12:30pm Open Gym 12:30pm—3pm Pickleball (A) 3pm—6pm Soccer 6-7:30pm	8 Open Gym 6am—9am Cardio Dance 9am—10:30am Pickleball (I) 10:30am—12:30pm Open Gym 12:30pm—1:00pm Pickelball (I) 1pm—3:00pm Open gym 3pm—7pm	9 Open Gym 8am—4pm
10 Pickleball (A) 12pm—2pm Open Gym 2pm—4:30pm Vitalize Christmas Party 4:30pm—7pm	11 Open Gym 6am—9am Cardio Dance 9am—10:30pm Pickleball (I) 10:30am—12:30pm Open Gym 12:30pm—1:00pm Pickelball (I) 1pm—3:00pm Basketball Game 5pm—8pm	12 Open Gym 6am—1pm Pickleball (A) 1pm—4pm Basketball Game 4pm—8pm	13 Open Gym 6am—9am Cardio Dance 9am—10:30am Pickleball (I) 10:30am—12:30pm Open Gym 12:30pm—1:00pm Pickelball (I) 1pm—3:00pm Pickleball (B) 3pm—6pm Open Gym 6pm—8pm	14 Open Gym 6am—9am Half Court BBall 10am—12:30pm Open Gym 12:30pm—3pm Pickleball (A) 3pm—6pm Soccer 6-7:30pm	15 Open Gym 6am—9am Cardio Dance 9am—10:30am Pickleball (I) 10:30am—12:30pm Open Gym 12:30pm—1:00pm Pickelball (I) 1pm—3:00pm Basketball Game 4pm—8:30pm	16 Open Gym 8am—4pm
17 Pickleball (A) 12pm—2pm Open Gym 2pm—5pm	18 Open Gym 6am—9am Cardio Dance 9am—10:30pm Pickleball (I) 10:30am—12:30pm Open Gym 12:30pm—1:00pm Pickelball (I) 1pm—3:00pm Soccer 6-7:30pm	19 Open Gym 6am—3pm Pickleball (A) 3pm—6pm Open Gym 6pm—8pm	20 Open Gym 6am—9am Cardio Dance 9am—10:30am Pickleball (I) 10:30am—12:30pm Open Gym 12:30pm—1:00pm Pickelball (I) 1pm—3:00pm Pickleball (B) 3pm—6pm Open Gym 6pm—8pm	21 Open Gym 6am—9am Half Court BBall 10am—12:30pm Open Gym 12:30pm—3pm Pickleball (A) 3pm—6pm Open Gym 6pm—8pm	22 Open Gym 6am—9am Cardio Dance 9am—10:30am Pickleball (I) 10:30am—12:30pm Open Gym 12:30pm—1:00pm Pickelball (I) 1pm—3:00pm Open gym 3pm—7pm	23 Open Gym 8am—4pm
24 Pickleball (A) 12pm—2pm Open Gym 2pm—5pm	25 Open Gym 6am—9am Cardio Dance 9am—10:30pm Pickleball (I) 10:30am—12:30pm Open Gym 12:30pm—1:00pm Pickelball (I) 1pm—3:00pm Open Gym 3pm—8pm	26 Open Gym 6am—3pm Pickleball (A) 3pm—6pm Open Gym 6pm—8pm	27 Open Gym 6am—9am Cardio Dance 9am—10:30am Pickleball (I) 10:30am—12:30pm Open Gym 12:30pm—1:00pm Pickelball (I) 1pm—3:00pm Pickleball (B) 3pm—6pm Open Gym 6pm—8pm	28 Open Gym 6am—9am Half Court BBall 10am—12:30pm Open Gym 12:30pm—3pm Pickleball (A) 3pm—6pm Open Gym 6pm—8pm	29 Open Gym 6am—9am Cardio Dance 9am—10:30am Pickleball (I) 10:30am—12:30pm Open Gym 12:30pm—1:00pm Pickelball (I) 1pm—3:00pm Open gym 3pm—7pm	30 Open Gym 8am—4pm

Smith Mountain Lake YMCA Gymnasium Schedule January 2018

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January 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Open Gym 6am—9am Cardio Dance 9am—10:30pm Pickleball (I) 10:30am—12:30pm Open Gym 12:30pm—1:00pm Pickelball (I) 1pm—3:00pm Open Gym 3pm—8pm	2 Open Gym 6am—2pm Pickleball (A) 3pm—6pm Open Gym 6pm—8pm	3 Open Gym 6am—9am Cardio Dance 9am—10:30am Pickleball (I) 10:30am—12:30pm Open Gym 12:30pm—1:00pm Pickelball (I) 1pm—3:00pm Pickleball (B) 3pm—6pm Open Gym 6pm—8pm	4 Open Gym 6am—10am Half Court BBall 10am—12:30pm Open Gym 12:30pm—2pm Picklebl (A) 2pm—5pm Soccer 5pm—8pm	5 Open Gym 6am—9am Cardio Dance 9am—10:30am Pickleball (I) 10:30am—12:30pm Open Gym 12:30pm—1:00pm Pickelball (I) 1pm—3:00pm Basketball Game 4pm—7pm	6 Open Gym 8am—4pm
7 Pickleball (A) 12pm—2pm Open Gym 2pm—5pm	8 Open Gym 6am—9am Cardio Dance 9am—10:30pm Pickleball (I) 10:30am—12:30pm Open Gym 12:30pm—1:00pm Pickelball (I) 1pm—3:00pm Open Gym 3pm—4pm Basketball Game 4pm—8pm	9 Open Gym 6am—1pm Pickleball (A) 1pm—4pm Basketball Game 4pm—7:30pm	10 Open Gym 6am—9am Pickleball (I) 10am—12pm Pickelball (I) 12pm—2pm Pickleball (B) 2pm—5pm Soccer 5pm—8pm	11 Open Gym 6am—10am Half Court BBall 10am—12:30pm Open Gym 12:30pm—1:30pm Picklebl (A) 1:30pm—4:30pm Basketball Game 4:30pm—7pm	12 Open Gym 6am—9am Cardio Dance 9am—10:30am Pickleball (I) 10:30am—12:30pm Open Gym 12:30pm—1:00pm Pickelball (I) 1pm—3:00pm Basketball Game 4pm—7pm	13 Open Gym 8am—4pm
14 Pickleball (A) 12pm—2pm Open Gym 2pm—5pm	15 Open Gym 6am—9am Cardio Dance 9am—10:30pm Pickleball (I) 10:30am—12:30pm Open Gym 12:30pm—1:00pm Pickelball (I) 1pm—3:00pm Open Gym 3pm—6pm Y Weight Group Training 6pm—7pm Open Gym 3pm—8pm	16 Open Gym 6am—2pm Pickleball (A) 2pm—5pm Soccer 5pm—8pm	17 Open Gym 6am—9am Pickleball (I) 10:30am—12:30pm Open Gym 12:30pm—1:00pm Pickelball (I) 1pm—3:00pm Pickleball (B) 3pm—6pm Open Gym 6pm—8pm	18 Open Gym 6am—10am Half Court BBall 10am—12:30pm Open Gym 12:30pm—2pm Picklebl (A) 2pm—5pm Soccer 5pm—8pm	19 Open Gym 6am—9am Cardio Dance 9am—10:30am Pickleball (I) 10:30am—12:30pm Open Gym 12:30pm—1:00pm Pickelball (I) 1pm—3:00pm Open gym 3pm—7pm	20 Open Gym 8am—4pm
21 Pickleball (A) 12pm—2pm Open Gym 2pm—5pm	22 Open Gym 6am—9am Cardio Dance 9am—10:30pm Pickleball (I) 10:30am—12:30pm Open Gym 12:30pm—1:00pm Pickelball (I) 1pm—3:00pm Basketball Game 3pm—7pm Open Gym 7pm—8pm	23 Open Gym 6am—1pm Pickleball (A) 1pm—4pm Basketball Game 4pm—8pm	24 Open Gym 6am—9am Pickleball (I) 10:30am—12:30pm Open Gym 12:30pm—1:00pm Pickelball (I) 1pm—3:00pm Pickleball (B) 3pm—6pm Open Gym 6pm—8pm	25 Open Gym 6am—9am Half Court BBall 10am—12:30pm Open Gym 12:30pm—2pm Picklebl (A) 2pm—5pm Basketball Game 5pm—9pm	26 Open Gym 6am—9am Cardio Dance 9am—10:30am Pickleball (I) 10:30am—12:30pm Open Gym 12:30pm—1:00pm Pickelball (I) 1pm—3:00pm Open gym 3pm—7pm	27 Open Gym 8am—4pm
28 Pickleball (A) 12pm—2pm Open Gym 2pm—5pm	29 Open Gym 6am—9am Cardio Dance 9am—10:30pm Pickleball (I) 10:30am—12:30pm Open Gym 12:30pm—1:00pm Pickelball (I) 1pm—3:00pm Basketball Game 3pm—6pm	30 Open Gym 6am—2pm Pickleball (A) 2pm—5pm Soccer 5pm—8pm	31 Open Gym 6am—9am Pickleball (I) 10:30am—12:30pm Open Gym 12:30pm—1:00pm Pickelball (I) 1pm—3:00pm Pickleball (B) 3pm—6pm Open Gym 6pm—8pm			

Pickleball (B) - Beginner
Pickleball (I) - Intermediate
Pickleball (A) - Advanced
Changes

**Smith Mountain Lake YMCA
Gymnasium Schedule
February 2018**

This schedule is subject to change at any point by the YMCA.
Other non-scheduled time frames are to be shared by all members.

FEBRUARY 2018

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY		
<div style="border: 1px solid black; padding: 5px; display: inline-block;"> Pickleball (B) - Beginner Pickleball (I) - Intermediate Pickleball (A) - Advanced Changes </div>				1 Open Gym 6am—10am Half Court Bball 10am—12:30pm Open Gym 12:30pm—2pm Pickleball (A) 2pm—5pm Soccer 5pm—8pm	2 Open Gym 6am—9am Cardio Dance 9am—10:30am Pickleball (I) 10:30am—12:30pm Open Gym 12:30pm—1:00pm Pickleball (I) 1pm—3:00pm Open Gym 3pm—7pm	3 Open Gym 8am—4pm		
4 Pickleball (A) 12pm—2pm Open Gym 2pm—5pm	5 Open Gym 6am—9am Cardio Dance 9am—10:30pm Pickleball (I) 10:30am—12:30pm Open Gym 12:30pm—1:00pm Pickleball (I) 1pm—3:00pm Open Gym 3pm—8pm	6 Open Gym 6am—2pm Pickleball (A) 2pm—5pm Soccer 5pm—8pm	7 Open Gym 6am—9am Pickleball (I) 10:30am—12:30pm Open Gym 12:30pm—1:00pm Pickleball (I) 1pm—3:00pm Pickleball (B) 3pm—6pm Open Gym 6pm—8pm	8 Open Gym 6am—10am Half Court Bball 10am—12:30pm Open Gym 12:30pm—2pm Pickleball (A) 2pm—5pm Basketball Game 5pm—8pm	9 Open Gym 6am—9am Cardio Dance 9am—10:30am Pickleball (I) 10:30am—12:30pm Open Gym 12:30pm—1:00pm Pickleball (I) 1pm—3:00pm Basketball Game 4:30pm—8:30pm	10 SML Good Neighbors Concert *Gym Closed All Day*		
11 Pickleball (A) 12pm—2pm Open Gym 2pm—5pm	12 Open Gym 6am—9am Cardio Dance 9am—10:30pm Pickleball (I) 10:30am—12:30pm Open Gym 12:30pm—1:00pm Pickleball (I) 1pm—3:00pm Open Gym 3pm—8pm	13 Open Gym 6am—2pm Pickleball (A) 2pm—5pm Soccer 5pm—8pm	14 Open Gym 6am—9am Pickleball (I) 10:30am—12:30pm Open Gym 12:30pm—1:00pm Pickleball (I) 1pm—3:00pm Pickleball (B) 3pm—6pm Open Gym 6pm—8pm	15 Open Gym 6am—10am Half Court Bball 10am—12:30pm Open Gym 12:30pm—2pm Pickleball (A) 2pm—5pm Soccer 5pm—8pm	16 Open Gym 6am—9am Cardio Dance 9am—10:30am Pickleball (I) 10:30am—12:30pm Open Gym 12:30pm—1:00pm Pickleball (I) 1pm—3:00pm Pickleball Tournament 3pm—8pm	17 Pickleball Tournament *Gym Closed All Day*		
18 Pickleball Tournament *Gym Closed All Day*	19 Open Gym 6am—9am Cardio Dance 9am—10:30pm Pickleball (I) 10:30am—12:30pm Open Gym 12:30pm—1:00pm Pickleball (I) 1pm—3:00pm Open Gym 3pm—8pm	20 Open Gym 6am—2pm Pickleball (A) 2pm—5pm Soccer 5pm—8pm	21 Open Gym 6am—9am Pickleball (I) 10:30am—12:30pm Open Gym 12:30pm—1:00pm Pickleball (I) 1pm—3:00pm Pickleball (B) 3pm—6pm Open Gym 6pm—8pm	22 Open Gym 6am—10am Half Court Bball 10am—12:30pm Open Gym 12:30pm—2pm Pickleball (A) 2pm—5pm Soccer 5pm—8pm	23 Open Gym 6am—9am Cardio Dance 9am—10:30am Pickleball (I) 10:30am—12:30pm Open Gym 12:30pm—1:00pm Pickleball (I) 1pm—3:00pm Open gym 3pm—7pm	24 Open Gym 8am—4pm		
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**Smith Mountain Lake YMCA
Gymnasium Schedule
March 2018**

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MARCH 2018

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	Pickleball (B) - Beginner Pickleball (I) - Intermediate Pickleball (A) - Advanced Changes			1 Open Gym 6am—10am Half Court BBall 10am—12:30pm Open Gym 12:30pm—2pm Pickleball (A) 2pm—5pm Soccer 5pm—8pm	2 Open Gym 6am—9am Cardio Dance 9am—10:30am Pickleball (I) 10:30am—12:30pm Open Gym 12:30pm—1:00pm Pickleball (I) 1pm—3:00pm Open gym 3pm—7pm	3 Open Gym 8am—4pm
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11 Pickleball (A) 12pm—2pm Open Gym 2pm—5pm	12 Open Gym 6am—9am Cardio Dance 9am—10:30pm Pickleball (I) 10:30am—12:30pm Open Gym 12:30pm—1:00pm Pickelball (I) 1pm—3:00pm Open Gym 3pm—8pm	13 Open Gym 6am—3pm Pickleball (A) 3pm—6pm Open Gym 6pm—8pm	14 Open Gym 6am—9am Cardio Dance 9am—10:30am Pickleball (I) 10:30am—12:30pm Open Gym 12:30pm—1:00pm Pickelball (I) 1pm—3:00pm Pickleball (B) 3pm—6pm Open Gym 6pm—8pm	15 Open Gym 6am—10am Half Court BBall 10am—12:30pm Open Gym 12:30pm—3pm Pickleball (A) 3pm—6pm Open Gym 6pm—8pm	16 Open Gym 6am—9am Cardio Dance 9am—10:30am Pickleball (I) 10:30am—12:30pm Open Gym 12:30pm—1:00pm Pickelball (I) 1pm—3:00pm Open gym 3pm—7pm	17 Open Gym 8am—4pm
18 Pickleball (A) 12pm—2pm Open Gym 2pm—5pm	19 Open Gym 6am—9am Cardio Dance 9am—10:30pm Pickleball (I) 10:30am—12:30pm Open Gym 12:30pm—1:00pm Pickelball (I) 1pm—3:00pm Open Gym 3pm—8pm	20 Open Gym 6am—3pm Pickleball (A) 3pm—6pm Open Gym 6pm—8pm	21 Open Gym 6am—9am Cardio Dance 9am—10:30am Pickleball (I) 10:30am—12:30pm Open Gym 12:30pm—1:00pm Pickelball (I) 1pm—3:00pm Pickleball (B) 3pm—6pm Open Gym 6pm—8pm	22 Open Gym 6am—10am Half Court BBall 10am—12:30pm Open Gym 12:30pm—3pm Pickleball (A) 3pm—6pm Open Gym 6pm—8pm	23 Open Gym 6am—9am Cardio Dance 9am—10:30am Pickleball (I) 10:30am—12:30pm Open Gym 12:30pm—1:00pm Pickelball (I) 1pm—3:00pm Open gym 3pm—7pm	24 Open Gym 8am—4pm
25 Pickleball (A) 12pm—2pm Open Gym 2pm—5pm	26 Open Gym 6am—9am Cardio Dance 9am—10:30pm Pickleball (I) 10:30am—12:30pm Open Gym 12:30pm—1:00pm Pickelball (I) 1pm—3:00pm Open Gym 3pm—8pm	27 Open Gym 6am—3pm Pickleball (A) 3pm—6pm Open Gym 6pm—8pm	28 Open Gym 6am—9am Cardio Dance 9am—10:30am Pickleball (I) 10:30am—12:30pm Open Gym 12:30pm—1:00pm Pickelball (I) 1pm—3:00pm Pickleball (B) 3pm—6pm Open Gym 6pm—8pm	29 Open Gym 6am—10am Half Court BBall 10am—12:30pm Open Gym 12:30pm—3pm Pickleball (A) 3pm—6pm Open Gym 6pm—8pm	30 Open Gym 6am—9am Cardio Dance 9am—10:30am Pickleball (I) 10:30am—12:30pm Open Gym 12:30pm—1:00pm Pickelball (I) 1pm—3:00pm Open gym 3pm—7pm	31 Open Gym 8am—4pm