

Smith Mountain Lake YMCA Gymnasium Schedule August 2017

This schedule is subject to change at any point by the YMCA.

Other non scheduled time frames are to be shared by all members.

AUGUST 2017

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<div style="border: 1px solid black; padding: 5px; width: fit-content; margin: auto;"> Pickleball (B) - Beginner Pickleball (I) - Intermediate Pickleball (A) - Advanced Changes </div>		1	2	3	4	5
6 Pickleball (A) 12pm—2pm Open Gym 2pm—5pm	7 Open Gym 6am—9am Cardio Dance 9am—10:30pm Pickleball (I) 10:30am—12:30pm Open Gym 12:30pm—1:00pm Pickelball (I) 1pm—3:00pm Open Gym 3pm—8pm	8 Open Gym 6am—2pm Pickleball (A) 3pm—6pm Open Gym 6pm—8pm	9 Open Gym 6am—9am Cardio Dance 9am—10:30am Pickleball (I) 10:30am—12:30pm Open Gym 12:30pm—1:00pm Pickelball (I) 1pm—3:00pm Pickleball (B) 3pm—6pm Open Gynm 6pm—8pm	10 Open Gym 6am—9am Kid's Yoga 9am—9:45am Half Court BBall 10am—12:30pm Open Gym 12:30pm—3pm Picklebl (A) 3pm—6pm Open Gym 6pm—8pm	11 Open Gym 6am—9am Cardio Dance 9am—10:30am Pickleball (I) 10:30am—12:30pm Open Gym 12:30pm—1:00pm Pickelball (I) 1pm—3:00pm Open gym 3pm—7pm	12 Open Gym 8am—4pm
13 Pickleball (A) 12pm—2pm Open Gym 2pm—5pm	14 Open Gym 6am—9am Cardio Dance 9am—10:30pm Pickleball (I) 10:30am—12:30pm Open Gym 12:30pm—1:00pm Pickelball (I) 1pm—3:00pm Open Gym 3pm—8pm	15 Open Gym 6am—3pm Pickleball (A) 3pm—6pm Open Gym 6pm—8pm	16 Open Gym 6am—9am Cardio Dance 9am—10:30am Pickleball (I) 10:30am—12:30pm Open Gym 12:30pm—1:00pm Pickelball (I) 1pm—3:00pm Pickleball (B) 3pm—6pm Open Gynm 6pm—8pm	17 Open Gym 6am—10am Half Court BBall 10am—12:30pm Open Gym 12:30pm—3pm Picklebl (A) 3pm—6pm Open Gym 6pm—8pm	18 Open Gym 6am—9am Cardio Dance 9am—10:30am Pickleball (I) 10:30am—12:30pm Open Gym 12:30pm—1:00pm Pickelball (I) 1pm—3:00pm Open gym 3pm—7pm	19 Open Gym 8am—4pm
20 Pickleball (A) 12pm—2pm Open Gym 2pm—5pm	21 Open Gym 6am—9am Cardio Dance 9am—10:30pm Pickleball (I) 10:30am—12:30pm Open Gym 12:30pm—1:00pm Pickelball (I) 1pm—3:00pm Open Gym 3pm—8pm	22 Open Gym 6am—3pm Pickleball (A) 3pm—6pm Open Gym 6pm—8pm	23 Open Gym 6am—9am Cardio Dance 9am—10:30am Pickleball (I) 10:30am—12:30pm Open Gym 12:30pm—1:00pm Pickelball (I) 1pm—3:00pm Pickleball (B) 3pm—6pm Open Gynm 6pm—8pm	24 Open Gym 6am—10am Half Court BBall 10am—12:30pm Open Gym 12:30pm—3pm Picklebl (A) 3pm—6pm Open Gym 6pm—8pm	25 Open Gym 6am—9am Cardio Dance 9am—10:30am Pickleball (I) 10:30am—12:30pm Open Gym 12:30pm—1:00pm Pickelball (I) 1pm—3:00pm Open gym 3pm—7pm	26 Open Gym 8am—4pm
27 Pickleball (A) 12pm—2pm Open Gym 2pm—5pm	28 Open Gym 6am—9am Cardio Dance 9am—10:30pm Pickleball (I) 10:30am—12:30pm Open Gym 12:30pm—1:00pm Pickelball (I) 1pm—3:00pm Open Gym 3pm—8pm	29 Open Gym 6am—3pm Pickleball (A) 3pm—6pm Open Gym 6pm—8pm	30 Open Gym 6am—9am Cardio Dance 9am—10:30am Pickleball (I) 10:30am—12:30pm Open Gym 12:30pm—1:00pm Pickelball (I) 1pm—3:00pm Pickleball (B) 3pm—6pm Open Gynm 6pm—8pm	31 Open Gym 6am—10am Half Court BBall 10am—12:30pm Open Gym 12:30pm—3pm Picklebl (A) 3pm—6pm Open Gym 6pm—8pm		