



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

LEARN TO ROLL WITH IT

Intermediate and Advanced Tumbling
ROCKY MOUNT Y



Develop confidence and ability in essential tumbling skills, including: cartwheels, back and front walkovers, running and standing back handsprings.

Days and Times

- August 15th - November 14th on Wednesdays
- \$70 for members, \$85 for non-members.
- Register at the Front Desk.

- Ages 4-10: 5:30-6:15 in the Gym
- Ages 11-16: 6:30-7:30 in the Gym

