LIFEGUARD CERTIFICATION COURSE

FRANKLIN COUNTY FAMILY YMCA

This course is designed to give participants the basic skills and knowledge needed to be lifeguards in pools. This comprehensive course offers up to date information on how to guard, anticipate, and prevent problems and to take action to help those in need. Red Cross CPR, First Aid, and AED certifications are included in the cost of the program. Participants must pass a swim test on the first day of class in order to remain registered.   There is a no-refundable fee of $25 for anyone who can not pass the swim test.

AGES:
15+

WHEN:
See Reverse

COST:
Members: $200
Non-Members:$225

LOCATION:
ROCKY MOUNT YMCA
235 Technology Dr.
Rocky Mount Va. 24151

TWO WAYS TO LEARN

We offer two ways to take the Lifeguard course. First option is to do the all in classroom sessions. Where you watch all the videos and do the whole course on site. The second option is the blended learning option. Where you complete an online course and complement it with in classroom practice.

Dates:

Session 1-March 23 5:00-7:30pm, March 24 9:00-5:00p.m, March25 9:00-5:00pm and March 26 9:00-5:00pm **In Classroom**

Session 2-April 13 5:00-7:30, April 21 9:00-6:00pm, April 22 9:00-6:00pm **Blended Learning** *Must complete online portion by the second class date*

Session 3-April 27 5:00-7:30, May 5 9:00-6:00pm, May 6 9:00-6:00pm **Blended Learning** *Must complete online portion by the second class date*

Session 4-May 18 4:00-9:00pm, May 19 9:00-8:00pm, and May 20 9:00-8:00pm **In Classroom**