

## YMCA CAMP DEVELOPS YOUTH CHARACTER

Children have fun while learning core values, building self-confidence, making new friends, and growing in self-reliance.

### Character Counts (anti-bullying)

#### Curriculum Includes:

- **Y Core Values: Caring, Honesty, Respect, and Responsibility**
- **Y Learn in a safe environment**
- **Y Build interpersonal skills**
- **Y Make lasting friendships and memories**
- **Y Self-confidence building activities**
- **Y Practice the 6 Pillars of Trust, Respect, Responsibility, Fairness, Caring, and Citizenship**



### CAMP GROUPS

Campers will be placed in an age-appropriate group led by two Y-trained counselors per group.

### FOOD PROVIDED!

A healthy breakfast, lunch, and afternoon snack is provided. All food is USDA Certified!

### EARLY BIRD SPECIAL !!

March 15—April 30  
Register and pay for first week  
of camp attendance  
**PAY NO REGISTRATION FEE!**

### INITIAL REGISTRATION FEE

\$15 for SAFE Participants  
\$35 for first child (non-SAFE participant)  
\$10 for all siblings  
(\*SAFE is the Y's Before & After School Program)

### RATES

(10% Off Oldest Child)

5 Day \$117  
4 Day \$99  
3 Day \$77

### FIELD TRIP FEE

Friday Field Trips.....\$10/trip  
(Kids enrolled on Fri. must attend field trip)  
Y Camp Shirts.....\$10  
(Campers wear Y shirts for Fri. field trip)  
Camp Memory DVD....\$10

### REGISTRATION INFORMATION

Registration for summer camp is now open

1. Register at the main Rocky Mount YMCA and complete a 2017 Camp Registration Packet.
2. Registration fee (after Early Bird) and first week's fee will be due upon enrollment.
3. Submit a copy of your child's School Entrance Physical Examination, Immunization form, and Birth Certificate, unless already on file & up-to-date at the Y.



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

### FRANKLIN COUNTY FAMILY YMCA

235 Technology Drive  
P.O. Box 720  
Rocky Mount, VA 24151  
540-489-9622 (YMCA)

### YMCA MISSION

The YMCA provides services and programs that develop and enrich lives and help our youth achieve their fullest potential in spirit, mind, and body.

The YMCA has a financial assistance program that will assist those who qualify for reduced rates.

The Y works with the VA Division of Social Services.

SERVING  
RISING KINDERGARTEN THRU 8TH

WHERE THE FUN IS!



"These materials, and the activity described herein, are not sponsored or endorsed by the Franklin County School Board"



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## A SUMMER OF MEMORIES SUMMER CAMP 2017



## BEST CARE & GREATEST VALUE IN THE REGION!

### PROGRAM INCLUDES:

- SWIM LESSONS (3 Days/Week)
- USDA Approved Healthy Meals
- Community Outreach
- Character Counts Curriculum
- Exciting Field Trips!





## COMMUNITY OUTREACH

### NEW CAMP LOCATIONS

- Sessions 1-10:** Benjamin Franklin Middle School, East Hall, 225 Middle School Rd., Rocky Mt.
- Session 11:** YMCA at Ferrum College 333 Wiley Dr., Ferrum (on campus)

Exciting new adventures are here! Y Summer Camp will be at the middle school the first ten weeks of summer camp! Campers will move to Ferrum Y for our last week of summer camp (week #11.) Many new activities are planned to ensure that each camper has an extraordinary summer!

### HOURS OF OPERATION

6:00 a.m.—6:00 p.m.  
Monday—Friday

### 5th & Up Group Learns About "Giving it Back"

Staying true to our Y mission, campers will continue to engage in community outreach projects this summer, including visits to local nursing homes trips to Roanoke Rescue Mission, and volunteering at "Stepping Stone Food Ministries."



### FRANKLIN COUNTY FAMILY YMCA

For questions about Summer Camp  
Call or visit us at the Y!  
540-489-9622 (YMCA)  
[www.franklincountyyymca.org](http://www.franklincountyyymca.org)  
Visit us on Facebook!

## USDA APPROVED MEALS

### SESSIONS & THEMES

**LOCATION:** Benjamin Franklin Middle School, East Hall

**Session 1 (May 30-June 2) Theme: Shake it Off!**

*\*Closed on Monday, May 29 for Memorial Day*

Welcome to Y Summer Camp! It's time to party & celebrate the first week of camp with our favorite tunes and dance! We'll be movin' & groovin'! We'll learn new dance moves throughout the week. On Thurs, get ready for DJ Tony Wright & the Y Dance Party! It's sure to be an exciting week!

**Field Trip:** HOT SHOTS, Smith Mountain Lake

**Session 2 (June 5-9) Theme: Y Olympics**

Let the games begin! An opportunity for fun, games, and celebration of friendship, unity and peace. Get ready for fun relays, races, archery, and medals! Camp spirit always comes out during Y Olympics! You don't want to miss this fun-filled week!

**Field Trip:** The Zone, Rocky Mount

**Session 3 (June 12-16) Theme: Planes, Trains, & Automobiles**

Start your engines and speed off to camp for this thrilling week of races and contests! We'll be making our own vehicles and racing them. Campers will have a blast with relay races, derby races and more!

**Field Trip:** Transportation Museum, Roanoke

**Session 4 (June 19-23) Theme: Top Chef**

Campers will turn into chefs this week during "Top Chef" week at the Y. Chef Hanek, from Water's Edge Country Club, will visit camp to show us cooking tips & help us roll out the dough, mix up the batter, and decorate our concoctions! Campers will explore new recipes and bring new ideas home to share with the family.

**Field Trip:** Star City Skate, Roanoke

**Session 5 (June 26-30) Theme: Super Soaked**

Get ready for a splash-tacular week full of fun water activities in the sun & shade! We're counting on a visit from the Fire Dpt. for a good soaking! All week, campers will have fun with water slides, water games & more!

**Field Trip:** Splash Valley, Roanoke

**Session 6 (July 3-7) Theme: Stars & Stripes**

*\*Closed on Tuesday, July 4 for Independence Day*

It's SPIRIT WEEK! Mon. wear red, white & blue, (Closed Tues.) Wed. is "Wacky Wed." (dress crazy,) Thurs. is "Twin Day" & Fri. is "Spirit Day" (wear your Y shirt!) Fun games are in store for this week. You don't want to miss it!

**Field Trip:** Eagle Cinema, Rocky Mount

**Session 7 (July 10-14) Theme: Leave Your Mark**

Campers will create the very first "Children of our future" Y Mural that will be hung in our Y for all to see. This week, we'll visit local nursing homes & the Rescue Mission. Community service workers will also visit camp to show off how they help our community. Campers will visit the police station & firehouse and participate in an anti-bullying program with the RM Police Dpt. We'll also have our 2nd annual food drive!

**Field Trip:** Dixie Caverns, Salem

## SWIM LESSONS INCLUDED

**Session 8 (July 17-21) Theme: Fun & Fitness**

Obstacle courses, relays, organized sports, archery & challenges are just a few of the fun things we have planned for this week. Camp spirit comes out in all of our kids during sports week!

**Field Trip:** Rocky Mount Bowling Center

**Session 9 (July 24-28) Theme: Lights, Camera, Action**

Campers will take to the stage this week & work together to prepare for our annual Y Talent Show on Thursday! We'll have a busy week learning about improv, comedy, singing, & stage presence, as campers participate in a drama clinic, hosted by the Roanoke Children's Theater.

**Field Trip:** Roanoke Children's Theater, Roanoke

**Session 10 (July 31-Aug. 4) Theme: Last Splash**

We'll beat the heat this week with another visit from the fire dept.! Campers will get soaked & will enjoy water games, like "Douse your counselor", water kickball, and more! This fun week will end with a trip to our favorite water park, SPLASH VALLEY!

**Field Trip:** Splash Valley, Roanoke

**LOCATION:** Ferrum Y (on campus)

**Session 11 (Aug. 7-11) Theme: Let's Luau!**

Campers will enjoy Tennis, raquet ball, foose ball, hikes, low ropes, swimming and more this week at Ferrum Y! We'll end our last week with our annual LUAU, featuring the Big Kahunna Inflatable Slides & lunch!

**Field Trip:** Rocky Mount Y for our LUAU Celebration



The ability to swim will save a child's life.  
*"The Y's mission is for every child to learn this lifesaving skill."*

### SWIM DAYS (TUES., WED., THURS.)

Campers will be bused to & from the main Y to swim. All children will have a swim lesson taught by our Y-USA Certified Instructors, followed by free swim. Campers will need to bring a labeled towel, swim suit, and bag.

## FINANCIAL ASSISTANCE

- Arts & Crafts
- Swimming/Swim Lessons
- Sports & Team Building
- Nature Exploration
- Character Counts
- Music & Drama
- Weekly Field Trips
- Archery, Low Ropes Course
- Indoor/Outdoor Activities
- Opening and Closing Ceremony
- Weekly Themes
- Life and Leadership Skills

### BUS TIMES

Bus Transportation To And From Camp Available

- Boones Mill: Parent Drop Off: 7:15 to 7:25 am  
School Stop Parent Pick-Up: 5:20 to 5:30 pm  
(Sessions 1-11)
- Burnt Chimney: Parent Drop Off: 7:50 to 8:00 am  
School Stop Parent Pick-Up: 5:50 to 6:00 pm  
(Sessions 1-11)

Parent must pre-determine which pick-up time they will be using for each session. Please stay consistent with schedule to prevent confusion for children and staff.

If not using the above bus stops, parents will drop off and pick-up for Sessions 1-11 from 6 am—6 pm at each respective camp location.

