

**Smith Mountain Lake YMCA
Gymnasium Schedule
September 2018**

This schedule is subject to change at any point by the YMCA.
Other non-scheduled time frames are to be shared by all members.

Pickleball (B) - Beginner
Pickleball (I) - Intermediate
Pickleball (A) - Advanced
Changes

2018 SEPTEMBER

SUN	MON	TUE	WED	THU	FRI	SAT
						1 Open Gym 8am—4pm
2 Pickleball (A) 12pm—2pm Open Gym 2pm—5pm	3 CLOSED	4 Open Gym 6am—9am Blood Mobile 9am—3pm Pickleball (A) 3pm—4:00pm Gym closed 4-7 PM (SMLCA Volleyball)	5 Open Gym 6am—9am Cardio Dance 9am—10:30am Pickleball (I) 10:30am—12:30pm Open Gym 12:30pm—1:00pm Pickleball (I) 1pm—3:00pm Pickleball (B) 3pm—6pm Open Gym 6pm—8pm	6 Open Gym 6am—9am Half Court BBall 10am—12:30pm Open Gym 12:30pm—3pm Pickleball (A) 3pm—6pm Open Gym 6pm—8pm	7 Open Gym 6am—9am Cardio Dance 9am—10:30am Pickleball (I) 10:30am—12:30pm Open Gym 12:30pm—1:00pm Pickleball (I) 1pm—3:00pm Open gym 3pm—7pm	8 Open Gym 8am—4pm
9 Pickleball (A) 12pm—2pm Open Gym 2pm—5pm	10 Open Gym 6am—9am Cardio Dance 9am—10:30am Pickleball (I) 10:30—12:30pm Open gym 12:30—1:00pm Pickleball (I) 1p-3pm Gym Closed 4-7 PM (SMLCA Volleyball)	11 Open Gym 6am—3pm Pickleball (A) 3pm—6pm Open Gym 6pm—8pm	12 Open Gym 6am—9am Cardio Dance 9am—10:30am Pickleball (I) 10:30—12:30pm Pickleball (I) 1:00—3:00pm Pickleball (B) 3pm-6pm	13 Open Gym 6am—9am Half Court BBall 10-12:30pm Open Gym 12:30pm—3pm Pickleball (A) 1pm—4pm Gym closed 4-8 PM (SMLCA Volleyball)	14 Open Gym 6am—8am Cardio Dance 9am—10:30am Pickleball (I) 10:30—12:30 Open Gym 12:30—1:00 Pickleball (I) 1pm—3pm Open gym 6pm—8pm	15 Open Gym 8am—4pm
16 Pickleball (A) 12pm—2pm Open Gym 2pm—5pm	17 Open Gym 6am—9am Cardio Dance 9am—10:30pm Pickleball (I) 10:30am—12:30pm Open Gym 12:30pm—1:00pm Pickleball (I) 1pm—3:00pm Open Gym 3pm—8pm	18 Open Gym 6am—3pm Pickleball (A) 3pm—6pm Open Gym 6pm—8pm	19 Open Gym 6am—9am Cardio Dance 9am—10:30am Pickleball (I) 10:30am—12:30pm Open Gym 12:30pm—1:00pm Pickleball (I) 1pm—3:00pm Pickleball (B) 3pm—6pm Open Gym 6-8pm	20 Open Gym 6am—9am Half Court BBall 10am—12:30pm Open Gym 12:30pm—3pm Pickleball (A) 3pm—6pm Open Gym 6pm—8pm	21 Open Gym 6am—9am Cardio Dance 9am—10:30am Pickleball (I) 10:30am—12:30pm Open Gym 12:30pm—1:00pm Pickleball (I) 1pm—3:00pm Gym closed 4-7 PM (SMLCA Volleyball)	22 Open Gym 8am—4pm
23 Pickleball (A) 12pm—2pm Open Gym 2pm—5pm	24 Open Gym 6am—9am Cardio Dance 9am—10:30pm Pickleball (I) 10:30am—12:30pm Open Gym 12:30pm—1:00pm Pickleball (I) 1pm—3:00pm Open Gym 3pm—8pm	25 Open Gym 6am—3pm Pickleball (A) 1pm—4pm Gym closed 4-7 PM (SMLCA Volleyball)	26 Open Gym 6am—9am Cardio Dance 9am—10:30am Pickleball (I) 10:30am—12:30pm Open Gym 12:30pm—1:00pm Pickleball (I) 1pm—3:00pm Pickleball (B) 3pm—6pm Open Gym 6pm—8pm	27 Open Gym 6am—9am Half Court BBall 10am—12:30pm Open Gym 12:30pm—3pm Pickleball (A) 3pm—6pm Open Gym 6pm—8pm	28 Open Gym 6am—9am Cardio Dance 9am—10:30am Pickleball (I) 10:30am—12:30pm Open Gym 12:30pm—1:00pm Pickleball (I) 1pm—3:00pm Open gym 3pm—7pm	29 Open Gym 8am—4pm
30 Pickleball (A) 12pm—2pm Open Gym 2pm—5pm				THURSDAY, OCT 11 VOLLEYBALL 4-7 PM		