

**Smith Mountain Lake YMCA
Gymnasium Schedule
October 2018**

This schedule is subject to change at any point by the YMCA.
Other non-scheduled time frames are to be shared by all members.

Pickleball (B) - Beginner
Pickleball (I) - Intermediate
Pickleball (A) - Advanced
Changes

OCTOBER 2018

| Sun | Mon | Tue | Wed | Thu | Fri | Sat | | | | | | | |
|-----|---|-----|--|-----|---|-----|---|----|---|----|---|----|---|
| 30 | Open Gym 6am—9am Cardio Dance 9am—10:30pm Pickleball (I) 10:30am—12:30pm Open Gym 12:30pm—1:00pm Pickleball (I) 1pm—3:00pm Open Gym 3pm—8pm | 2 | Open Gym 6am—3 pm Pickleball (A) 3pm—6pm Open Gym 6pm—8pm | 3 | Open Gym 6am—9am Cardio Dance 9am—10:30am Pickleball (I) 10:30am—12:30pm Open Gym 12:30pm—1:00pm Pickleball (I) 1pm—3:00pm Pickleball (B) 3pm—6pm Open Gym 6pm—8pm | 4 | Open Gym 6am—9am Half Court BBall 10am—12:30pm Open Gym 12:30pm—3pm Pickleball (A) 3pm—6pm Open Gym 6pm—8pm | 5 | Open Gym 6am—9am Cardio Dance 9am—10:30am Pickleball (I) 10:30am—12:30pm Open Gym 12:30pm—1:00pm Pickleball (I) 1pm—3:00pm Open gym 3pm—7pm | 6 | Open Pickleball 8am—12pm Basketball 12pm—4pm | | |
| 7 | Pickleball (A) 12pm—2pm Open Gym 2pm—5pm | 8 | Open Gym 6am—9am Cardio Dance 9am—10:30pm Pickleball (I) 10:30am—12:30pm Open Gym 12:30pm—1:00pm Pickleball (I) 1pm—3:00pm Open Gym 3pm—8pm | 9 | Open Gym 6am—3 pm Pickleball (A) 3pm—6pm Open Gym 6pm—8pm | 10 | Open Gym 6am—9am Cardio Dance 9am—10:30am Pickleball (I) 10:30am—12:30pm Open Gym 12:30pm—1:00pm Pickleball (I) 1pm—3:00pm Pickleball (B) 3pm—6pm Open Gym 6pm—8pm | 11 | Open Gym 6am—9am Half Court BBall 10am—12:30pm Open Gym 12:30pm—3pm Pickleball (A) 3pm—6pm Open Gym 6pm—8pm | 12 | Open Gym 6am—9am Cardio Dance 9am—10:30am Pickleball (I) 10:30am—12:30pm Open Gym 12:30pm—1:00pm Pickleball (I) 1pm—3:00pm Open gym 3pm—7pm | 13 | Open Pickleball 8am—12pm Basketball 12pm—4pm |
| 14 | Pickleball (A) 12pm—2pm Open Gym 2pm—5pm | 15 | Open Gym 6am—9am Cardio Dance 9am 10:30 am Pickleball (I) 10:30—12:30 pm Open gym 12:30—1:00 pm Pickleball (I) 1p-3pm Open Gym 3pm—8pm | 16 | Open Gym 6am—3 pm Pickleball (A) 2pm—5pm Gym Closed 5p-8p (SMLCA Volleyball) | 17 | Open Gym 6am—9am Cardio Dance 9am—10:30am Pickleball (I) 10:30—12:30 pm Pickleball (I) 1:00—3:00 pm Pickleball (B) 3pm-6pm Open Gym 6pm—8pm | 18 | Open Gym 6am—9am Half Court BBall 10am—12:30pm Open Gym 12:30pm—3pm Pickleball (A) 3pm—6pm Gym Closed 6p-8p (SMLCA Basketball) | 19 | Open Gym 6am—8am Cardio Dance 9 am—10:30 am Pickleball (I) 10:30—12:30 Open Gym 12:30—1:00 Pickleball (I) 1pm—3pm Gym Closed 4p-8p (SMLCA Basketball) | 20 | Open Pickleball 8am—12pm Basketball 12pm—4pm |
| 21 | Pickleball (A) 12pm—2pm Open Gym 2pm—5pm | 22 | Open Gym 6am—9am Cardio Dance 9am 10:30 am Pickleball (I) 10:30—12:30 pm Open gym 12:30—1:00 pm Pickleball (I) 1p-3pm Gym Closed 4-7 PM (SMLCA Basketball) | 23 | Open Gym 6am—3pm Pickleball (A) 3pm—6pm Gym Closed 6:30-8 PM (SMLCA Basketball) | 24 | Open Gym 6am—9am Cardio Dance 9am—10:30am Pickleball (I) 10:30am—12:30pm Open Gym 12:30pm—1:00pm Pickleball (I) 1pm—3:00pm Pickleball (B) 3pm—6pm Open Gym 6-8 pm | 25 | Open Gym 6am—9am Half Court BBall 10am—12:30pm Open Gym 12:30pm—3pm Pickleball (A) 3pm—6pm Gym Closed 6:30-8 PM (SMLCA Basketball) | 26 | Open Gym 6am—8am Cardio Dance 9 am—10:30 am Pickleball (I) 10:30—12:30 Open Gym 12:30—1:00 Pickleball (I) 1pm—3pm Gym Closed 4p-7p (SMLCA Basketball) | 27 | Open Pickleball 8am—12pm Basketball 12pm—4pm |
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