

FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Join Now Live Better!

The Franklin County Family YMCA is the place for you! We offer top notch facilities, friendly staff and exciting classes.

Youth Membership(13-18 yrs old)

Monthly Payment \$28

Monthly E-Pay

Semi Annual

\$160

Annual

\$311

No Joining Fee

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No Joining Fee

College Student Membership(19-22 yrs old)

Monthly E-Pay \$30 No Joining Fee Must present current college ID

Adult Individual Senior Membership (65+)

Monthly E-Pay \$45 No Joining Fee
Semi Annual \$257 No Joining Fee
Annual \$503 No Joining Fee

Family of 2 Senior Membership

(Married couple with at least one individual 65+)

Monthly E-Pay \$62 No Joining Fee
Semi Annual \$354 No Joining Fee
Annual \$692 No Joining Fee

Adult Individual

Monthly E-Pay \$47 \$50 Joining Fee
Semi Annual \$268 \$25 Joining Fee
Annual \$525 No Joining Fee

Family of 2

Monthly E-Pay \$64 \$75 Joining Fee
Semi Annual \$365 \$50 Joining Fee
Annual \$715 No Joining Fee

Family of 3+

Monthly E-Pay \$70 \$75 Joining Fee
Semi Annual \$399 \$50 Joining Fee
Annual \$782 No Joining Fee





FACILITY FEATURES

| Feature | Rocky Mount | SML |
|---------------------------------------|----------------|-----|
| Multipurpose Gym | | * |
| Family Swimming Pool | | |
| Lap Swimming Pool | | |
| Basketball Courts | | * |
| Racquetball Courts | | * |
| State-of-the-Art Fitness Equipment | | * |
| Free Weights | | * |
| Indoor Track | | * |
| Exercise Bicycles | | * |
| Treadmills | | * |
| Cross-Trainers | | * |
| Sauna | | |
| Locker Rooms | | * |
| Family Locker Rooms | | |
| Child-Watch/ Nursery | | * |
| Group Exercise Classes | | * |
| Yoga | | * |
| Group Cycling | | * |
| Pickleball Courts | | * |
| Personal Training | | * |



HOURS OF OPERATION

ROCKY MOUNT YMCA

| Monday- Friday | 6:00am- 8:00pm |
|----------------|----------------|
| Saturday | 7:00am- 3:00pm |
| Sunday | 1:00pm- 5:00pm |

SML YMCA

| Monday- Thursday | 8:00am- 7:00pm |
|------------------|------------------------|
| Friday | 8:00am- 5:00pm |
| Saturday | 8:00am- 2:00pm |
| Sunday | .12:00pm- 4:00pm |
| | Access Card Available* |



FINANCIAL ASSISTANCE

It is the policy of the YMCA to attempt to provide services to anyone who desires to participate and understands the mission of the YMCA regardless of the ability to pay the published fees. Those not able to pay the full membership fee may be awarded a partial scholarship based on their ability to pay and the YMCA's ability to fund the subsidy. Applicants must first submit a YMCA Financial Assistance Application. All applicants will be contacted after a completed application is received. This process usually takes 3-4 weeks.



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