



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# Join Now Live Better!

The Franklin County Family YMCA is the place for you! We offer top notch facilities, friendly staff and exciting classes.

## Youth Membership(13-18 yrs old)

Monthly Payment	\$28	No Joining Fee
Monthly E-Pay	\$28	No Joining Fee
Semi Annual	\$160	No Joining Fee
Annual	\$311	No Joining Fee

## College Student Membership(19-22 yrs old)

Monthly E-Pay	\$30	No Joining Fee
Must present current college ID		

## Adult Individual

Monthly E-Pay	\$45	\$50 Joining Fee
Semi Annual	\$257	\$25 Joining Fee
Annual	\$503	No Joining Fee

## Family of 2

Monthly E-Pay	\$62	\$75 Joining Fee
Semi Annual	\$354	\$50 Joining Fee
Annual	\$692	No Joining Fee

## Family of 3+

Monthly E-Pay	\$68	\$75 Joining Fee
Semi Annual	\$388	\$50 Joining Fee
Annual	\$759	No Joining Fee

\*Semi annual membership includes a 5% discount

\*Annual membership includes a 7% discount



Rocky Mount Branch  
235 Technology Drive  
Rocky Mount, VA 24151  
540-489-9622  
www.franklincountyyymca.org

SML Branch  
293 First Watch Drive  
Moneta, VA 24121  
540-721-9622





## Did You Know?

All group exercise classes and water exercise classes are included in your membership. This includes Yoga, Zumba, Pilates, Cycle, Cross Training, Deep Water Exercise and Aqua Zumba!

You have access to 6 Locations. These are Rocky Mount, Ferrum, Smith Mountain Lake, Roanoke, Salem, Moneta and Bedford.

We have 2 indoor pools and tennis and racquetball. Enjoy your favorite sports year round.

We offer a child-watch service while you are using the facility. This includes our nursery for 2 months—5years old and our kidzone room for 5 –12 years old.

As a member of the YMCA you get exclusive rates on all core programs we offer. This includes classes like our Swim Team, Martial Arts, Personal Training, Gymnastics and Children’s Sports Programs.

We are committed to helping you reach your individual fitness goals. With your membership you receive a FREE fitness orientation to answer all your questions about our fitness equipment and FREE monthly body fat testing to help measure your success. We have certified personal trainers ready to answer all your fitness questions and customize a program to help you reach your goals.

By joining the YMCA you are benefiting yourself and your community. Your membership dollars not only helps to keep the YMCA operational but gives others in the community who would not be able afford it a chance at a better life.

The Franklin County YMCA is a non-profit organization that has donated \$100,000’s to the community in subsidized programs and services. Last year alone hundreds of families and individuals were able to better their lives through fitness programs and childcare services. This would not have been possible without the YMCA’s commitment to helping the community we live in.

## Hours

DAY	FITNESS/GYM	POOL
Monday – Thursday	5:30 AM – 9 PM	6 AM – 8:30 PM
Friday	5:30 AM – 8 PM	6 AM – 7:30 PM
Saturday	8 AM – 5 PM	8 AM – 4:30 PM
Sunday	1 PM – 5 PM	1 PM – 4:30 PM

## Financial Assistance

It is the policy of the YMCA to attempt to provide services to anyone who desires to participate and understands the mission of the YMCA regardless of the ability to pay the published fees. Those not able to pay the full membership fee may be awarded a partial scholarship based on their ability to pay and the YMCA’s ability to fund the subsidy. Applicants must first submit a YMCA Financial Assistance Application. All applicants will be contacted after a completed application is received. This process usually takes 3-4 weeks.

