

WELLNESS POLICY

Our first and foremost concern is quality care for your child. Please read these Child Watch Guidelines. We appreciate your cooperation with our effort to provide a positive experience for you and your child using our facilities.

- **For the well-being of others, children with fevers and/or contagious illnesses cannot be allowed in the Child Watch area. 24 hour wait, post fever break.**
- **Please be sure your child has been changed into a fresh diaper prior to leaving them in the Child Watch Center. According to OSHA Regulations do not permit employees to change diapers.**
- **We are unable to allow food or drink other than Cheerios, Goldfish and Water in the Child Watch Center.**

For more information contact:

(540) 721-9622

Smith Mountain Lake YMCA
293 Firstwatch Drive
Moneta, VA 24121



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

STAY AND PLAY WITH FRIENDS

POLICIES & PROCEDURES

Child Watch

Smith Mountain Lake YMCA



Welcome to Child Watch!

The Child Watch Center is intended to be a drop-in service for the convenience of the YMCA members and guests while exercising or participating in a Y Program.

We are a free service to members. Children are eligible to use the Child Watch with a family/household membership.

Guests may use the Child Watch Center for a fee of \$5 per child. This payment needs to be paid at the Front Desk before signing into the Child Watch Center.

HOURS OF OPERATION:

MORNINGS:

Monday 9:00am –12:00pm

Tuesday 9:00am-12:00pm

Wednesday 8:00am-12:00pm

Thursday 9:00am-12:00pm

Friday 8:00am-12:00pm

Saturday 9:00am-12:00pm

EVENINGS:

Monday– Thursday 5:00pm-8:00pm

TIME LIMIT:

There is a 2– hour time limit per visit. Parents **MUST** remain at the YMCA while children are in the Child Watch Center. We may interrupt your work-out if we need your assistance with a crying child, discipline, diaper change or if other situations were to occur.

AGE LIMIT:

The Child Watch Center is intended for children ages 3 months to 5 years.

Children ages 6 years to 13 years old may go to the Tween Room if necessary.

Child Watch Center staff **CANNOT** administer medication. Please alert staff if your child has a severe allergy and may need an EpiPen or other emergency intervention.

“ A person’s a person, no matter how small”

- Dr. Seuss

There is a limit of 8 children per adult in the Child Watch Center at one time. Child Watch care is provided on a first come first served basis.

The YMCA thanks all our Child Watch parents for allowing us the privilege of caring for your children. As your partner in this important endeavor, we ask that you pick up your child by the time the Child Watch Center closes. If a child is picked up after the published Child Watch Center closing time, a late fee (\$1 for every 5 minutes after closing) will be charged. Child Watch privileges may be suspended for habitual offenders.

Thank you for helping us make the Child Watch Center work for everyone!