



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# SML YMCA NEWS

## Your Information

[www.franklincountnymca.org](http://www.franklincountnymca.org)

Welcome!

Welcome to the Franklin County Family YMCA. As part of our YMCA family, we want you to feel at home. If you have any questions, please feel free to ask any of our staff.



Beautiful Setting   ♦   Beautiful Homes  
♦ Beautiful Cause ♦

Volunteers still needed for Saturday, October 6th!! Sign up at the front desk.

### SWITCH IT UP SATURDAY CLASSES :

- 8/4 — 30/30 with Becky
- 8/11 — Body Sculpt with Luisa
- 8/18 — 30/30 with Luisa
- 8/25 — Body Sculpt with Becky

DOWNLOAD OUR MOBILE APP TO STAY UPDATED  
ON ALL THINGS Y!



Plan on joining us at the 6th Annual Oktoberfest on October 13th!



5k & Festival include craft and business vendors, two German bands, Sunken City Brews, authentic German **food, kid's activities and MORE!**

Interested in being a vendor, sponsor or registering for the 5k?  
See the front desk for more information.

### NEW WATER AEROBICS CLASS

We now have FOUR water aerobics classes at The Westlake:  
Mon/Wed/Fri 9:30 AM—10:30 AM  
Mon 6:00 PM—7:00 PM

