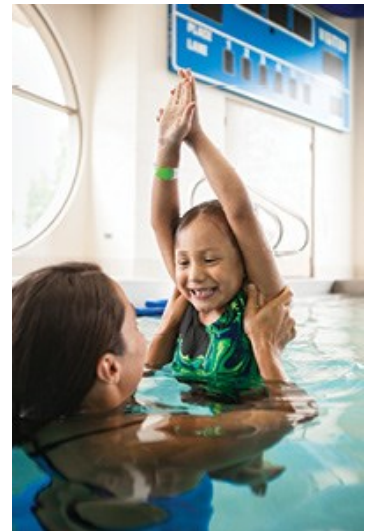




FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# STRONG SWIMMERS CONFIDENT KIDS SWIM LESSONS

## SPRING SWIM LESSONS Swim Lessons for All Ages ROCKY MOUNT YMCA



### Swim Starters Aquatic Program ( Adult swims with child)

*Ages 6 months to 36months*

Session 4: April 7– April 28 (Registration deadline 3-31-18)

Session 5: May 5 –May 26 (Registration deadline 4-28-18)

Session 6: June 2– June 23 (Registration deadline 5-26-18)

Parent Child Lessons – Saturday 10:00-10:30AM

Members \$30 per session    Perspective Members \$50 per session

### Swim Basics for Preschool, School Age, and Teen (Level 1-3)

*Ages 3 to 17*

Session 5: April 2–April 19 (Registration deadline 03-30-18)

Session 6: April 23–May 10 (Registration deadline 04-20-18)

Session 7: May 14–May 31 (Registration deadline 05-11-18)

Session 8: June 4–June 21 (Registration deadline 06-01-18)

### Swim Strokes for Preschool, School Age, and Teen (Level 4-6)

*Ages 3 to 17*

Session 5: April 2–April 19 (Registration deadline 03-30-18)

Session 6: April 23–May 10 (Registration deadline 04-20-18)

Session 7: May 14–May 31 (Registration deadline 05-11-18)

Session 8: June 4–June 21 (Registration deadline 06-01-18)

Swim Basics and Swim Strokes Lessons– Monday/Wednesday or Tuesday/Thursday

Members \$50 per session    Perspective Members \$75 per session

#### Preschool Morning:

Level 1 9:00–9:40

Level 2 9:50–10:30

Level 3 10:40–11:20

#### Preschool Evening:

Level 2 5:00–5:40

Level 3 5:50–6:30

Level 4 6:40–7:20

#### School Age Evening:

Level 2 5:00–5:40

Level 3 5:50–6:30

Level 4 6:40–7:20

#### School Age Morning:

(Starts Session 8)

Level 1 9:00–9:40

Level 2 9:50–10:30

Level 3 10:40–11:20